

Santa Clarita NASW-CA Unit is excited to collaborate with the Health Workforce Initiative Powered by California Community Colleges to bring you this 2 CEU training on Awe & Gratitude on **Wednesday, 3/24/21, from 6:30-8:30pm**
Come help us celebrate March as National Professional Social Work Month with an evening of...

Awe & Gratitude

Learn to utilize your resilient nervous system to treat and prevent burn-out and promote healing and renewal!



Awe and gratitude are positive emotions which research demonstrates bring capacity to heal our nervous systems and promote health and wellness throughout our lives. When harnessed, they help us mobilize into action, engagement, and presence—to move out of states of freeze and disengagement and to develop inner sustainability. As we heal our nervous systems and our bodies, in turn, we can heal our relationships and communities. Exciting current research updates will be provided.



Evening Schedule: 6:30 pm – 8 pm Awe & Gratitude Presentation; 8:00 – 8:30 pm Santa Clarita NASW Awards Ceremony for National Professional Social Work Month, honoring all nominees and awardees



Health Workforce Initiative



POWERED BY

California Community Colleges

Following Professor Harnden's presentation we will be putting our knowledge into practice immediately (8-8:30pm) by highlighting the incredible work being done in our own community that personifies the values of professional social work: service, social justice, dignity and worth of the person, importance of human relationships, integrity, and competence. Our 5 awardees will include Social Worker of the Year, Organization of the Year, Community Member of the Year, NASW Professional of the Year, and Social Work Student of the Year. Our National Professional Social Work Month theme for 2021 is SOCIAL WORKERS ARE ESSENTIAL.

Please email us with any questions at SantaClaritaNASW@gmail.com.

Please register by 3/20/21 at: <https://forms.gle/FwkdqLHors8Jo7bz9>

Santa Clarita NASW Unit is a local group of social workers within the NASW California Chapter, Region G. The National Association of Social Workers (NASW) is the largest organization of professional social workers in the world. NASW serves social workers in 55 chapters throughout the United States, Puerto Rico, the Virgin Islands, Guam, and abroad, to carry out three responsibilities: strengthen and unify the profession, promote the development of social work practice, and advance sound social policies. Promoting high standards of practice and protecting the consumer of services are major association principles. The mission of the social work profession is rooted in a set of core values that are the foundation of social work's unique purpose and perspective: service, social justice, dignity and worth of the person, importance of human relationships, integrity, and competence. CEU Diversity Statement: This presentation demonstrates a commitment to respecting diversity. This presentation includes information about various groups and statistics based on research or studies and/or contributing factors. It includes information for various gender identities and also includes information across various ages spans and developmental abilities.



Bonnie Harnden, MA, RDT, is a drama therapist, psychoanalyst, couples and family therapist, and Associate Professor in Concordia University's Creative Arts Therapies Department, where she is the Option Coordinator for the Drama Therapy Program. She has developed and is coordinating a new Graduate Certificate in Play Therapy. Her previous work focused on the effects of trauma and its impact on development in children and adults. Her current work focuses on factors that support the resolution of trauma and that create resilience. Bonnie was the recipient of the 2019 Concordia President's Excellence in Teaching award. She was awarded the 2017 Research Award from the North American Drama Therapy Association (NADTA) for her play and film *You Arrive* (in production), based on her therapeutic work and research with suicidal youth at Montreal Children's Hospital. In 2018 she was awarded the NADTA Teaching Excellence Award.

Course objectives: Learn to retrain each of us to take in the beauty around us and create space for sustainable internal renewal utilizing current research; identify techniques for managing cycles of rupture and repair in order to build more resilient and robust primary relationships; examine the importance of connection to our bodies and nature in healing ourselves and our community. This course meets the qualifications for 2 hours of continuing credit for LCSWs, LMFTs, LPCCs, or LEPs as required by the California Board of Behavioral Sciences. There is no cost for this event.